

Teachings on The Power of Meditation

Teachings will take place
at the Sala de Exhibiciones
Museo del Plata, Dorado,
Puerto Rico.

Teachings are free of
charge. Donations for
Khenchen's monastery will
be graciously accepted.

May all beings benefit.

Special Thanks to:

Hon. Carlos Lopez Rivera
Alcalde Dorado

Project Engineering
Management, Inc.

Alberto Fournier

For more information
contact: Vilma Balladares
at telephone 787-796-3613



Just as a mother watches over her child, willing
to risk her own life to protect it, so with a bound-
less heart one should cherish all living beings,
spreading unobstructed loving kindness through-
out the whole world. –The Buddha

Khenchen Tsewang Gyatso
Rinpoche

Sala de Exhibiciones Museo Del Plata,
Dorado, Puerto Rico
At the entrance Dorado bridge Calle Mendez
Vigo first light turn to the left

**Khenchen
Tsewang
Gyatso
Rinpoche**



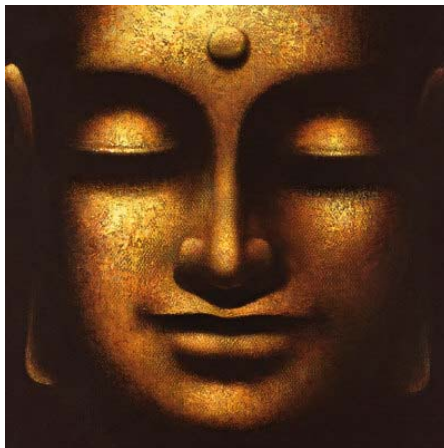
*Teachings on the
Power of
Meditation from
Tibetan
Buddhist Master*

*December 08, 2007
2:30 PM
Sala de Exhibiciones
Museo del Plata,
Dorado, PR*

Teachings on the Power of Meditation

Tibetan Buddhist Master, Khenchen Tsewang Gyatso Rinpoche, will give teachings on the Power of Meditation.

Because of our busy life and other distractions we have lost contact with our inner nature practicing Meditation will bring us back to ourselves, where we can really experience and taste our full being beyond all patterns and it will awaken our skylike nature of mind and introduce us to what we really are : unchanging pure awareness, which underlies the whole of life and death.



The Buddha in meditation

Biography of Tibetan Master



Khenchen Tsewang Gyatso Rinpoche was born in 1954 in a village near Lhakhang Dzong in the southern region of Tibet bordering Bhutan called Lhodrak. From his birth, his parents had a strong feeling that they should place him in a nearby

monastery.

The village was on the main trade route from Lhasa to Bhutan and the people were relatively prosperous. By the late 1950's the communist oppression of Tibet had intensified and the Tibetan people experienced much political persecution. In 1962 Khenpo and his family fled through the mountains and made their way through Bhutan to India.

After arriving in India, he and his sisters were sent to a government boarding school for Tibetans in Darjeeling, West Bengal. There he began his formal education. The curriculum included the usual primary school subjects as well as English, Hindi and basic dharma teachings. At the age of ten he took the robes of a monk and received the vows of a novice (ge-tsul). He continued his education up to the eighth grade. Year after year, he was always at the head of his class.

In 1969 he entered the Central Institute of Higher Tibetan studies at Sarnath, near Varanasi. There he followed a nine-year curriculum in Buddhist studies and general education under his principal teacher, Khenpo Palden Sherab, and other masters. His class work included Sanskrit, English and intensive studies in the textual traditions of Indian and Tibetan Buddhism. He graduated with the degree of Acharya in 1978, ranking first overall among the four schools of Tibetan Buddhism represented at Sarnath. His Holiness the Dalai Lama honored his achievement with the award of a silver medal. After graduation he was invited to teach at Palyul Namdroling Monastery at the Tibetan settlement in Bylakuppe, near Mysore in South India. For several years he was engaged in

training the young monks and teaching in the monastic college, the Ngagyur Nyingma Institute (Shedra). In 1983 he was enthroned as a khenpo by His Holiness Pema Norbu Rinpoche. In the Nyingmapa tradition, a khenpo is a professor of Buddhist studies.

Pema Norbu Rinpoche has authorized him to represent the monastery and to teach, to confer empowerments and to give personal instruction in Buddhist practice.

Khen Rinpoche has traveled and taught extensively in America, in Taiwan, and among the overseas Chinese communities in Singapore, Hong Kong, and the Philippines. This will be his second visit to Puerto Rico. His open, direct and thorough style of teaching has been very well received.



Khenchen Tsewang Gyatso Rinpoche

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Phone: 787-796-3613